## Daily Briefing Back Pain Treatment now offered Coloradoan, January 10, 2009

Back pain is the second most common reason for visits to the doctor's office. Dr. April Cardwell of the Spine Correction Center of the Rockies, 1101 Oakridge Drive, Suite A, Fort Collins is now offering a new treatment for pain caused by budging or herniated discs in the neck and back called spinal disc decompression therapy.

The treatment is an alternative to surgery or prolonged treatment without prescription medications for patients.

"Pain typically is decreased in less than two weeks of care," Cardwell said. Patients are placed on a table that stretches the affected spinal disc resulting in negative pressure inside the disc that allows the disc to go in a more normal position. For more information, call (970)-226-1117.